

Terri's Hummous

1 15oz can of chick peas
¼ cup of tahini
3 tbsp lemon juice
¼ tsp cumin
1 tsp brown sugar
salt & pepper

1. Drain chick peas, reserving liquid.
2. Process chick peas, tahini, lemon juice, cumin, brown sugar & ¼ cup of chick pea liquid, in food processor.
3. Add more liquid until smooth.
4. Season, garnish and enjoy with pitas.